

## The Use of Interactive Tangibles to Connect Clinicians and Patients with Chronic Pain

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### Chronic Pain (CP)

- a type of pain that
- persists beyond three to six months [1]
- → seen in 20% of adults in the US [2]

# A Shift in Views on CP

biomedical model



biopsychosocial model [3]

# Patient Clinician Relationship (PCR)

- a promising area for
- implementing the biopsychosocial model of pain
- creating impactful
   patient engagement

## Hypothesis

more willing to reflect on the quality of their visit experience

more engaged in their own care

better clinical outcome

#### Research Goal

interactive tangibles



opportunity to reflect on their medical visit experience

1

Creating a Cast for Interactive Tangibles

3

Interview 2
(Post-Tangibles)

5

Interview Analysis



Prototype of interactive tangibles made with Ecoflex

Interview 1
(Pre-Tangibles)

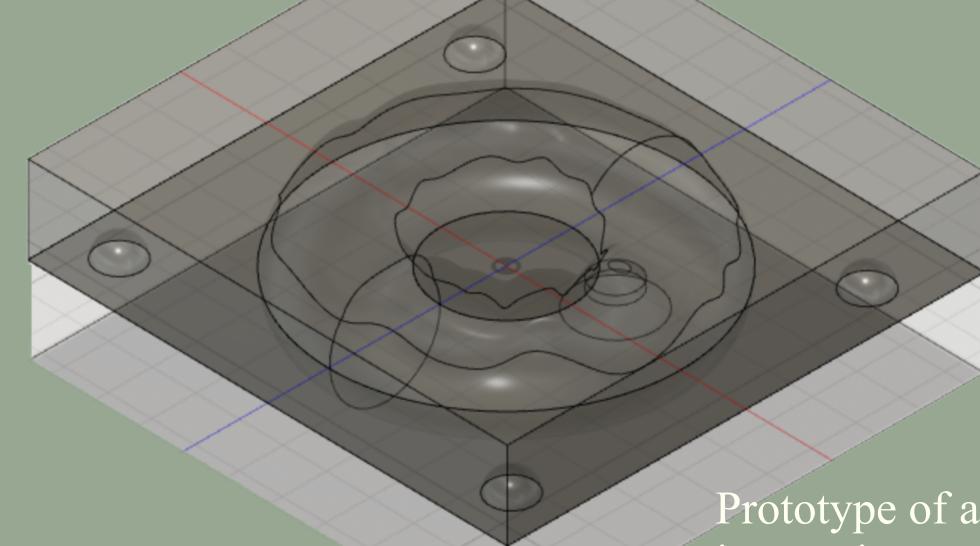
Reference

Creating
Interactive Tangibles
+ Voice Recorder

Exhibition "Resonance"

4

6



Prototype of a mold for interactive tangible

- [1] Treede et al. (2015) A Classification of Pain for *ICD-11*. Pain, 156 (6):1003-1007.
- [2] Dalhamer et al. (2018) Prevalence of Chronic Pain and High-Impact Chronic Pain Among Adults United States, 2016. Morbidity and Mortality Weekly Report, 67 (36):1001-1006.
- [3] Engel, George L. (2012) The Need for a New Medical Model: a Challenge for Biomedicine. Psychodynamic Psychiatry, 40 (3):377-396.